



2019 Lunch Menu

Camp Keystone offers a hot lunch program for \$8.00 a day. Campers who want to take advantage of our freshly prepared lunches can do so in the following ways:

1. To pre-order lunch when registering online, just click the boxes for the days you would like to order lunch on the Additional Options page that is part of the application.
2. If you would like to pre-order lunch after you've already registered, just log into your Camp Keystone account at www.campkeystone.com/manage-your-campers. After you have logged in, click on Forms & Documents, then Additional Options and click the boxes next to the days you would like to order lunch. You must pay online with your debit/credit card if ordering lunches.
3. For your convenience, campers may also purchase their lunch each morning when they arrive at camp at the Welcome Booth.

Listed below is our Summer Lunch Menu**. Lunches usually consist of an entree (as listed), three sides (such as coleslaw, green salad, potato salad, fresh fruit, vegetables, or chips), and cookies or other dessert. Juice/punch and water are always available to ALL campers whether they have purchased a lunch or not.

Week/ Dates	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 June 12-14			Grilled Cheese on Whole Wheat	Cheese/Pepperoni Pizza	French Toast Sticks
Week 2 June 17-21	Baked Chicken Nuggets	Grilled Hamburger on Whole Wheat Bun	Chicken/Cheese Quesadilla	Bar-B-Q Beef	Subway Turkey on Whole Wheat
Week 3 June 24-28	Bean & Cheese Burrito	Grilled Cheese on Whole Wheat	Chicken Patty on Whole Wheat Bun	Baked Chicken Taquitos	Hot Dog/Chili Dog on Whole Wheat Bun
Week 4 July 1-5	Taco Bar w/ Rice & Beans	Cheese/Pepperoni Pizza	Grilled Hamburger on Whole Wheat Bun	July 4 CAMP CLOSED	Whole Grain Baked Ziti w/marinara*
Week 5 July 8-12	Chicken/Cheese Quesadilla	Corn Dogs	Mac & Cheese	Bean & Cheese Burrito	Baked Chicken Nuggets
Week 6 July 15-19	Chicken Patty on Whole Wheat Bun	Grilled Cheese on Whole Wheat	Hot Dog/Chili Dog Whole Wheat Bun	Whole grain Baked Ziti with marinara*	Chicken/Cheese Quesadilla
Week 7 July 22-26	Bar-B-Q Chicken	Subway Turkey on Whole Wheat	Grilled Hamburger on Whole Wheat Bun	Mac & Cheese	Corn Dogs
Week 8 July 29-Aug 2	Bean & Cheese Burrito	Whole Grain Baked Ziti with marinara*	Teriyaki Chicken & White Rice	Cheese/Pepperoni Pizza	Bar-B-Q Beef
Week 9 Aug 5-9	Hot Dog/Chili Dog on Whole Wheat Bun	Bar-B-Q Beef	Mac & Cheese	Grilled Hamburger Whole Wheat Bun	Taco Bar w/ Rice & Beans
Week 10 Aug 12-16	Baked Chicken Taquitos	Chicken/Cheese Quesadilla	Subway Turkey on Whole Wheat	Baked Chicken Nuggets	Cheese/Pepperoni Pizza
Week 11 Aug 19-23	Grilled Cheese on Whole Wheat	Chicken Patty on Whole Wheat Bun	Mac & Cheese	Hot Dog/Chili Dog Whole Wheat Bun	Baked Chicken Nuggets

* Lunch contains meat

**Camp Keystone may make substitutions to this menu on occasion as necessary due to unforeseen circumstances